



Southview Courts

Cinco De Mayo fun!

The monthly meal for May was held on Cinco De Mayo this year and was a delicious success! The taco bar had lots of fixings everyone seemed to enjoy including beef, chicken

Local puppy, Daisy, stopped by after the party to try on a sombrero!



and lots of toppings. Board members , Karen Bowers and Lynda Sayne, brought desserts and helped Trish and Jen prepare the meal.

We played a game this year that will probably continue for years to come...Pass the Sombrero! It's similar to musical chairs. Participants pass a sombrero around the table while music plays and when the music stops whomever is left holding the sombrero is out. The last person left is the winner. This year we had four tables playing and one winner from each table.

We continued the tradition of the raffle. This year's winner for the \$50 gift card to El Reparo was Darlene B! Harry won a \$25 gift card to Pizza King and an anonymous winner won the \$25 gift card to Woodruff's, which they donated for staff to hold and give to someone who may need it in the future. Thank you any-

mous donor, that was thoughtful and when the time comes it will be a blessing for someone.



Happy Birthday to...

Jay S: 6/1

Deb R: 6/9

Duane B: 6/13

Lisa W: 6/25

Garden Club Meeting

The SVC's Garden Club will be meeting on Monday June 5th at one o'clock p.m. Anyone interested in joining in to help with the raised garden beds is welcome to come. Meeting is a time to plan who will be responsible for watering, weeding, harvesting, etc. for the near future. The garden club recently went on a shopping trip with Trish to choose the plants that would go in the

garden this year. I've heard there was lots of fun and laughter that day! Once the plants were in those who have been participating in the club made quick work of planting. This years plants include basil, marigolds and tomatoes along with other plants. They are doing a wonderful job of caring for the plants, they look healthy and are growing fast!



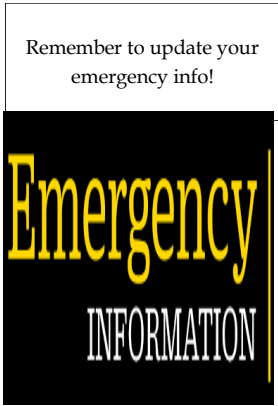
Why do bananas use sunscreen?



Because they peel.

CONFIDENCE
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Is your emergency information up to date?



At the time of move-in new residents complete an emergency information form, which contains information that is important in a crisis. This information includes who you would like us to contact if you have a medical crisis, the contact information of your emergency contacts, allergies and medical issues you have that ambulance may need to know to help you.

As much as we hope to never need to use this information it

does happen that we need to at times. Whenever possible staff steps in to help in an emergency, calls for help, notifies loved ones and provides information that may be helpful to ambulance staff.

If you would like to change your emergency contacts, if their phone numbers have changed, if you've discovered a new allergy or been diagnosed with something that you would like ambulance folks to know about please feel free to

stop by the office and update your emergency information. If you've lived here a long time or just have not checked it in a while staff is happy to help you see what is on your form so you can determine whether or not to update it.

Also, if you need another emergency card to hang up in your apartment for ambulance staff stop by any time during our business hours for a new one.



"Father's Song" by Gregory Orr

Yesterday, against admonishment,
my daughter balanced on the couch back,
fell and cut her mouth.
Because I saw it happen I knew
she was not hurt, and yet
a child's blood so red

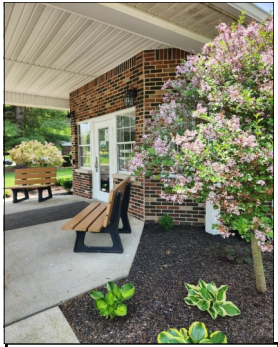
it stops a father's heart.
My daughter cried her tears;
I held some ice
against her lip.
That was the end of it.
Round and round: bow and kiss.
I try to teach her caution;

she tries to teach me risk.

Poem by Gregory Orr found on thedad.com

Happy Father's day to all our dad residents!

Fun Times around SVC's!



Thank you Jeff and Rose for all you do to keep SVC's beautiful

Websites Coming Soon!

Websites for Southview Courts, the Union County Council on Aging and Aged and the Union County Transit are in the works and expected to go live soon! Calendars and Newsletters will be available online. Residents will still receive paper copies each month, but they will also be available to you online.



The food at the recent resident pitch-in was



Wanda and Marlene sharing some laughs!

Second Annual Plant Sale at Southview Courts

Last month Melissa Spiller helped kick-off spring with a plant sale held here on the property. This started last year with the idea being for residents to have easy access to affordably priced plants and flowers without having the inconvenience of needing to go to another town to purchase items and bring them back here. Melissa does a great job of finding the plants at auctions and being able to sale them for reasonable prices. Melissa says her goal is to

sale them for less than they can be purchased at the big box stores and she's done a great job! We'd like to thank Melissa for providing this service to our residents and thank our residents for supporting local business. It's time to get the patios pretty...We've heard rumors that there will be another patio contest this year!



Some of the plants available at the recent sale.

Bed Bug Awareness Week is June 6-12

Bed bug awareness week seems like a good time to review bed bug information. SVC's is happy to say that we have zero cases of bed bugs!

We take precautions by having pest control come in monthly to address any immediate concerns and to regularly check apartments in a rotating order. We also address any concerns immediately and seek treatment as soon as possible if there are concerns. We take the same steps for other pests. Residents can help prevent infestation by reporting any concerns to management immediately so proper steps can be taken to properly address the pest and to prevent infestation from spreading. If you see bed bugs please report them. You could have an infestation without even seeing a bed bug. One way to check is to look at mattresses to check for specks of blood. Be cautious when choosing new items to bring

inside your home. Bed bugs can be killed with heat so running new fabrics through the dryer prior to bringing them into you apartment is one way to prevent infestation. An article on Lawnstarter offers several suggestions for preventing bed bug infestations. They note that 85% of bed bugs are found in beds. They suggest that you do not store items under your bed or that storage is kept in plastic containers, which are difficult for bed bugs to walk on. They also recommend that you do not leave bedding hanging down to the floor as bed bugs can climb up them. They suggest using bed bug covers, which go over your mattress and prevent bed bugs from getting into the mattress. This investment can save you a lot of money in the long run as encasing the mattress is much less expensive than replacing the mattress were bed bugs to get inside your home. They

suggest removing clutter from the floor and vacuuming regularly as well as washing sheets weekly in hot water. Inspect your area regularly and report any concerns to staff. They also suggest washing clothing and luggage when you return from travel. They suggest one avoid taking furniture from curbs and dumpsters. If there is a perfectly good looking piece of furniture on the curb or sitting outside by the dumpster it could be that it is in the trash due to being infested by bed bugs and likely isn't worth it to you to potentially lose the furniture and other items you have due to an infestation.

Bed bugs can be picked up anywhere by anyone so always keep an eye out for signs of bedbugs and report any concerns to management so that we can continue to keep SVC's free of bedbugs!



An enlarged photo of the ever elusive bed bug

